

SPECIALIST TRAINING FOR THE

Adult Care Sector

ONLINE, VIRTUAL & AT VENUE

Welcome to the UK's most trusted CPD-accredited training provider, designed for excellence in UK care standards.



FEATURED BY:



PART OF:
 **VOCATIONAL
TRAINING
HUB**

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Tailored Packages

We know everyone's training needs are unique, especially for those delivering top-quality care. Our courses, created by experts and aligned with current standards, help you meet regulations confidently and efficiently. With 205 adult care courses (as of May 2026)—including mandatory, specialist, and wellbeing programs—we support all your professional development needs.



Set up your free training account today with unlimited free access with no obligation. 12 months complimentary access to 33 mandatory & specialist courses.



PREPARATION & READINESS PACKAGE:

For providers registering, offering support to meet regulations and prepare for safe service.



GROWING CARE TEAM PACKAGE:

For providers expanding, supporting workforce growth and new placements or locations.



EARLY STAGE SUPPORT PACKAGE:

For new providers building compliance, policies, and managing initial placements.



EXTENDED CARE TEAM PACKAGE:

For providers in growth, offering flexible support for training and workforce needs.



CORE TEAM PACKAGE:

For established providers with stable placements, focusing on compliance and staff development.



COMPLETE CARE PACKAGE:

For growing providers, offering wide support for training, compliance, and workforce development..



Welcome to The **Adult Care** Training Hub

The [Adult Care Training Hub](#) was developed by [Vocational Training Hub](#) to equip care workers, support staff, and managers with the knowledge, skills, and confidence to make a lasting difference in the lives of adults who rely on care and support.

Our specialist CPD-accredited training supports everyone across adult social care, from new care assistants to experienced senior staff and registered managers.

Each course provides practical insight and best-practice guidance to help you deliver person-centred, dignified, and compassionate care. Adult care is about more than meeting needs; it's about promoting independence, safeguarding well-being, and improving quality of life.

Through your continued learning and professional development, you help create stronger teams, safer care, and better outcomes for adults across every setting.

- ✓ CQC Regulated Training
- ✓ CPD Accredited
- ✓ Local Authority Approved

➤ Approved

Our training is approved and supported by local authorities and professional organisations across the UK. This recognition reflects our commitment to delivering high-quality, compliant, and meaningful learning experiences that equip professionals to provide safe, informed, and compassionate care every day.



**Liverpool
City Council**



**MANCHESTER
CITY COUNCIL**



➤ Accredited

Established in 1996, the CPD Certification Service is the independent CPD accreditation body, working across sectors, disciplines, and professional learning. All Vocational Training Hub courses are accredited by the CPD Certification Service, meeting recognised Continuing Professional Development (CPD) standards.

➤ Recognised

We're proud to have been featured by BBC and Forbes, recognising the impact of our work in making high-quality, accessible training available to those working in care. It's an honour that reflects the dedication of our team and the difference our learners make every day.



Forbes



➤ Trusted

We're trusted by local authorities and care professionals nationwide who rely on our training to guide best practice and build confidence. That trust means everything to us because behind every course is the shared goal of creating safer, stronger, more compassionate care.



Accessed by Every Local Authority

We partner with councils and care providers across the UK, delivering training that meets real-world standards.



CPD Accredited Covering All Standards

All courses meet professional standards and contribute to Continuing Professional Development.



Flexible Learning Options

Learn online, virtually, or in person, at your own pace, on any device.



205+ Vocational Adult Care Courses

Access to specialist courses covering various essential sector-relevant topics.



Free Specialist Courses Every 6 Weeks

Expand your team's knowledge with complimentary specialist courses released every six weeks.



Free Bundle Of Your Most Popular Subjects

Your essential subjects, including the full Care Certificate suit, provided to meet all training requirements.



Accessed by Every Local Authority

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CPD Accredited Covering All Standards

All courses meet professional standards and contribute to Continuing Professional Development.



Flexible Learning Options

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230+ Vocational Adult Care Courses

Access to specialist courses covering various essential sector-relevant topics.



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About The Adult Care Training Hub



The Adult Care Training Hub is part of Vocational Training Hub's specialist network, created for care workers, team leaders, and managers who want high-quality, practical training that supports safe, compassionate, and compliant care delivery.



Every individual deserves to live with dignity, respect, and choice. Our courses are designed to help professionals deliver exactly that, from safeguarding and person-centred care to communication, leadership, and end-of-life support.



All of our training is written and reviewed by experts with real experience in adult social care, health services, and care regulation. So, whether you're new to the sector or managing a service, you'll find learning that's relevant, evidence-based, and aligned with CQC standards.

Our Core Values

↘ empathy

Adult care begins with understanding. Our work is built on compassion and respect for every individual's dignity, independence, and story.

↘ inclusivity

Every person deserves to feel valued, supported, and respected, regardless of background, ability, or circumstance. We promote equality across every care setting.

↘ respect

We believe respect sits at the heart of outstanding care. Our training helps professionals build trusting relationships based on listening, understanding, and honesty.

↘ collaboration

We know the best outcomes happen when teams work together. By encouraging open communication and shared learning, we help create stronger, more cohesive care environments.

↘ integrity

We act with professionalism, transparency, and accountability in everything we do. Care providers trust that our training reflects genuine commitment to quality, compassion, and continuous improvement.



Training for Every Stage of Adult Care



Training that grows with you, from entry-level roles to management.

Adult social care is constantly evolving, and professional development must evolve with.

Our learning pathways are designed to support every stage of your journey, from new care assistants to senior carers, team leaders, and registered managers. Whether you want to strengthen your understanding of safeguarding, improve communication, or develop leadership and compliance skills, our courses meet you where you are.

Each pathway is flexible, CPD-accredited, and aligned with CQC standards, helping you stay confident, compliant, and continually supported.





The Power of Learning in Adult Care

Adult social care is about more than meeting basic needs, it's about promoting dignity, independence, and quality of life. But it also comes with emotional, physical, and professional challenges that require both skill and compassion.

Every person receiving care has unique needs, experiences, and goals. The right training helps professionals recognise these differences, respond with empathy, and deliver care that empowers individuals to live well. Ongoing professional development also strengthens teams, improving communication, confidence, and consistency across all care settings.

At [Adult Care Training Hub](#), we believe that when professionals are equipped, supported, and empowered, they're able to make the lasting difference that transforms children's lives and strengthens families for the future.

 **ARRANGE YOUR FREE DEMONSTRATION TODAY!**

 support@vocationaltraininghub.com

 0161 884 5123

Expertise You Can Trust



Training that grows with you, from entry-level roles to management.



Our courses are developed by leading professionals in health and social care, nursing, and care management, people who understand the everyday challenges of delivering compassionate, compliant care.



Each course combines real-world experience, legislation, and best practice, ensuring every subject is accurate, practical, and relevant to today's care standards. We work in partnership with Local Authorities, CQC-registered providers, and care organisations to maintain quality, compliance, and consistency across all training areas.



The result is training that's trusted nationwide, designed and delivered by experts who live and lead within the adult care sector.

Strengthening Adult Care Teams



Adult care works best when every team member feels supported, connected, and confident in their role.

Our platform brings together carers, nurses, and managers through one simple, easy-to-use training system — making it effortless to assign courses, track progress, and evidence compliance. From mandatory to specialist subjects, every course promotes teamwork, communication, and continuous improvement across services.

By turning training into an ongoing, collaborative process, we help care teams strengthen relationships, build confidence, and maintain high standards of care.

With The [Adult Care Training Hub](#), managing training becomes effortless, and the results are reflected in better teamwork and stronger outcomes for the people you support.



Trauma-Informed and Therapeutic Practice



Turning understanding into action, and support into recovery.

Every person's history shapes how they experience care. Our courses are built around trauma-informed and therapeutic practice, helping care professionals recognise the lasting impact of trauma and respond with sensitivity, respect, and understanding.

We translate research and theory into practical approaches that strengthen communication, emotional awareness, and trust between staff and the people they support.

Through reflective learning, real-life examples, and professional guidance, carers gain the confidence to provide compassionate, empowering care that promotes healing and stability.

Each course is CPD-accredited, evidence-based, and designed to build both confidence and empathy, because when staff are equipped to understand trauma, individuals are better supported to recover, grow, and live with dignity.

Adult Care Well-Being



» Promoting the emotional well-being of caregivers and those they assist.

Working in adult social care is incredibly rewarding but can also be emotionally and physically demanding. Well-being, mental health, and resilience are essential for both staff and the individuals in their care.

At The Adult Care Training Hub, we offer a comprehensive range of well-being resources designed to build confidence, manage stress, and promote emotional balance, helping care professionals maintain compassion, energy, and focus while delivering high-quality care.



Understanding the Pressures Adult Care Staff Face



Supporting well-being, mental health, and life skills is vital to helping individuals flourish in every aspect of life.



1. Emotional Stress & Burnout



2. Exposure to Distress or Bereavement



3. High Workload & Staffing Pressures



4. Lack of Support or Recognition



5. Compassion Fatigue



6. Work-Life Balance

The Difference Our Training Makes



Proven results, real change, and better outcomes for adults in care.



Across the UK, care providers choose The Adult Care Training Hub because our training delivers measurable improvements that go far beyond compliance.

Teams report greater confidence, stronger teamwork, and more consistent standards of care. Services benefit from reduced turnover, improved morale, and staff who feel supported and valued. Every course combines expert knowledge, lived experience, and evidence-based practice to achieve lasting results.

From safeguarding and communication to person-centred support, leadership, and well-being, our training helps transform everyday challenges into opportunities for growth. When you invest in our courses, you're not just meeting requirements, you're building skilled, compassionate teams who deliver exceptional care.



BOOK YOUR FIRST VIRTUAL OR AT VENUE SESSION AT HALF PRICE!



0161 884 5123



All Your Training. One Seamless Platform.

THE ADULT CARE TRAINING HUB

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Specialist **adult care** training for support professionals

CPD-accredited training for care staff and managers — focused on compliance, safeguarding, and quality care.

[Browse Courses](#)

350K+ Ongoing

400+ Free courses

150K+ Nurses

12K+ Care homes

Featured by **BBC** **Forbes**

Training that makes a real impact in



CONTACT US TODAY TO SET UP YOUR FREE TRAINING ACCOUNT!



support@vocationaltraininghub.com



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What Our Clients Say

"As a Registered Manager, I've noticed a huge improvement in how our staff handle day-to-day challenges. The training is clear, practical, and directly supports our CQC compliance and care quality."

"The course helped our team communicate better, and provide more consistent care across shifts."

"The safeguarding and dementia awareness courses were particularly helpful. They gave us real strategies to improve confidence and empathy in difficult situations."

"I'd recommend this training to any adult care provider. It's affordable, accessible, and built around what really matters, safe, compassionate, and person-centred care."



Adult Care Courses

 Online  Virtual  At venue

We guarantee to beat any like-for-like price by 5%.

We have listed our most popular subjects...

 To discuss your training needs: Email support@vocationaltraininghub.com

A

Acquired Brain Injury	Level 2
Active Listening	Level 2
Addison's Disease	Level 2
Adults Services Assessment And Analysis	Level 2
AI & Me – All Your Fears Answered	Level 2
AI, Data Privacy, And Professional Responsibility In UK Health &...	Level 2
AI, Digital Safety & Safeguarding In Practice	Level 2
Alcohol Misuse	Level 2
An Introduction To AI In Social Care	Level 2
Anaphylaxis (EpiPen)	Level 2
Angelman Syndrome	Level 2
Anger Management – Understanding Anger	Level 2
Anxiety	Level 2
Anxiety And Depression	Level 2
Arthritis Awareness	Level 2
Asbestos Awareness	Level 2
Asperger Syndrome	Level 2
Assertiveness	Level 2



Assessing Needs	Level 2
Attention Deficit Hyperactivity Disorder (ADHD)	Level 2
Autism Awareness	Level 2
Automated External Defibrillator	Level 2
Autonomy	Level 2
Awareness Of Mental Health, Dementia & Learning Disability	Level 2

B

Basic Life Support	Level 2
Basic Observations	Level 2
Bed Rails	Level 2
Behavioural Safety	Level 2
Bipolar Disorder	Level 2
Blood Cancer	Level 2
Blood Glucose Monitoring	Level 2
Bloodborne Pathogens	Level 2
Bullying And Harassment	Level 2

C

Cancer Awareness	Level 2
Care Certificate 1 – Understand Your Role	Level 2
Care Certificate 10 – Safeguarding Adults	Level 2
Care Certificate 11 – Safeguarding Children	Level 2
Care Certificate 12 – Basic Life Support	Level 2
Care Certificate 13 – Health And Safety	Level 2
Care Certificate 14 – Handling Information	Level 2
Care Certificate 15 – Infection Prevention And Control	Level 2
Care Certificate 2 – Your Personal Development	Level 2
Care Certificate 3 – Duty Of Care	Level 2
Care Certificate 4 – Equality And Diversity	Level 2
Care Certificate 5 – Work In A Person-Centred Way	Level 2
Care Certificate 6 – Communication	Level 2
Care Certificate 7 – Privacy And Dignity	Level 2
Care Certificate 8 – Fluids And Nutrition	Level 2



Care Certificate 9 – Awareness Of Mental Health, Dementia And Lea...	Level 2
Care Planning And Record Keeping	Level 2
Career And Job Readiness	Level 2
Carer Burn Out	Level 2
Catheter Care	Level 2
Catheterisation (Female)	Level 2
Catheterisation (Suprapubic)	Level 2
Catheterisation Awareness (Male)	Level 2
Cerebral Palsy	Level 2
Challenging Behaviour	Level 2
Closed Cultures	Level 2
Cognitive Behavioural Therapy	Level 2
Common Conditions In Older People	Level 2
Communication Theories	Level 2
Compassion Fatigue	Level 2
Complaints Handling	Level 2
Conflict Resolution – Dealing With Difficult People	Level 2
Conflict Resolution – Getting Along In The Workplace	Level 2
Consent In A Care Environment	Level 2
Contextual Safeguarding & Extra-Familial Harm	Level 2
Continence Promotion	Level 2
COPD	Level 2
COSHH	Level 2
Cost Of Living Survival Skills	Level 2
Cultural Awareness	Level 2
Cyber Security – Primary	Level 2

D

Data Protection And GDPR	Level 2
Deafness	Level 2
Defensible Documentation	Level 2
Dementia – Dealing With Challenging Behaviour	Level 2
Dementia – Interventions For Cognitive And Non-Cognitive	Level 2
Dementia – Person-Centred Care	Level 2
Dementia – Types Of Dementia	Level 2



Dementia Awareness	Level 2
Depression	Level 2
Developing Good Employee Relations	Level 2
Developing Teamwork	Level 2
Diabetes & Insulin Awareness	Level 2
Diabetes Medication	Level 2
Diet And Nutrition	Level 2
Digital Footprints & Online Safety	Level 2
Dignity And Respect	Level 2
Disability Awareness	Level 2
Discipline Procedures And Grievance	Level 2
Display Screen Equipment (DSE)	Level 2
Distressed Behaviour	Level 2
Do Not Attempt Cardiopulmonary Resuscitation DNACPR	Level 2
Domestic Abuse	Level 2
Drugs & Alcohol Awareness	Level 2
Duty Of Care	Level 2
Dying, Death And Bereavement	Level 2
Dysphagia	Level 2

E

Ear Irrigation	Level 2
Eating Disorders	Level 2
Eco-Anxiety & Climate Resilience	Level 2
Effective Communication	Level 2
Effective Delegation	Level 2
Emergency First Aid Accredited	Level 2
Emergency First Aid At Work	Level 2
End Of Life – Advanced Care Planning	Level 3&4
End Of Life Care	Level 2
End Of Life Care – Dementia	Level 2
Enteral Feeding	Level 2
Epilepsy And Rescue Meds	Level 2
Epilepsy Awareness	Level 2
Equality And Diversity	Level 2



Equality And Diversity For Managers

Level 2

F

Faecal Incontinence

Level 2

Falls Prevention

Level 2

Fire Safety

Level 2

Fire Wardens

Level 2

Food Allergen Awareness

Level 2

Food Allergies

Level 2

Food Hygiene

Level 3&4

Food Safety In Catering

Level 2

H

Handling Medicines In Domiciliary Care

Level 2

Health & Safety

Level 3&4

Health & Safety Awareness

Level 2

Health And Safety Law For Management

Level 2

Health And Well-being

Level 2

Hepatitis A

Level 2

Hepatitis B

Level 2

Hepatitis C

Level 2

Hoarding

Level 2

Hot Water And Hot Surfaces In Residential Care

Level 2

How Can I Embrace AI

Level 2

Huntington's Disease Awareness

Level 2

Hygiene And Intimate Care

Level 2

I

Immediate Life Support

Level 2

Incel / Misogyny

Level 2

Infection Control

Level 3&4

Infection Prevention And Control

Level 2

Information Governance

Level 2



K

Ketamine – How To Support A Young Person	Level 2
Ketamine – The Facts, Dangers & Solutions	Level 2
Korsakoff's Syndrome	Level 2

L

Latex Allergy	Level 2
Leadership Skills	Level 2
Learning Disability Awareness	Level 3&4
Learning Disability Awareness	Level 2
Legionnaires Disease	Level 2
Liberty Protection Safeguarding	Level 2
Limerence	Level 2
Limerence	Level 2
Listening And Helping Skills	Level 2
Lone Worker Awareness	Level 2
Loss & Bereavement	Level 2

M

Managing Actual And Potential Aggression	Level 2
Managing Challenging Behaviour Without Escalation	Level 2
Managing Chronic Pain	Level 2
Managing Distressed Behaviour	Level 2
Managing Meetings	Level 2
Managing People	Level 2
Managing Risk, Minimising Restraint	Level 2
Managing Sickness And Absence	Level 2
Manual Handling Objects	Level 2
Medical Gases	Level 2
Medication Administration And Recording	Level 2
Medication Management	Level 2
Menopause Awareness, Assessment & Support	Level 2



Mental Capacity Act	Level 2
Mental Health Awareness	Level 2
Minute Taking Skills	Level 2
Motivation And Mental Health	Level 2
Moving & Positioning People	Level 2
Multi-Agency Working	Level 2
Multiple Sclerosis Awareness	Level 2

N

Negotiation	Level 2
Neurofibromatosis Type 1	Level 2
Nutrition And Hydration	Level 2

O

Objective Setting	Level 2
Obsessive Compulsive Disorder	Level 2
Online Safety & Scam Awareness	Level 2
Oppositional Defiant Disorder	Level 2
Oral Care	Level 2
Osteoarthritis	Level 2
Osteoporosis	Level 2
Oxygen Therapy	Level 2

P

Paediatric First Aid Accredited	Level 2
Pain Management	Level 2
Palliative Care	Level 2
Paranoia	Level 2
Parkinson's Disease Awareness	Level 2
PEG Feeding	Level 2
Person-Centred Care	Level 2
Personal And Professional Boundaries	Level 2
Personal Care	Level 2



Personality Disorders	Level 2
PICA	Level 2
Positive Behavioural Support	Level 2
Post-Traumatic Stress Disorder	Level 2
Prader Willi Syndrome	Level 2
Pressure Area Care	Level 2
Pressure Ulcer Prevention	Level 2
Professional Conduct	Level 2

R

Reablement	Level 2
Record Keeping	Level 2
Regulation And Compliance Within The Adult Care Setting	Level 2
Reporting & Record Writing	Level 2
Risk Assessment And Management	Level 2

S

Safe Handling Of Medicines	Level 3&4
Safeguarding Adults	Level 2
Safeguarding Adults – Sexual Relationships & Consent	Level 2
Safeguarding Adults – Dementia	Level 2
Safeguarding Against Modern Slavery In A Digital Age	Level 2
Schizophrenia And Psychosis	Level 2
Seizures	Level 2
Self-Harm	Level 2
Sepsis	Level 2
Sextortion Awareness	Level 2
Sexual Harassment In The Workplace	Level 2
Sharps Awareness	Level 2
Slips, Trips And Falls	Level 2
Social Inclusion	Level 2
Spinal Injuries	Level 2
Stoma Care	Level 2
Stress Awareness	Level 2



Stress Management	Level 2
Stroke Awareness	Level 2
Substance Misuse	Level 2
Supervision	Level 2
Supervision, Appraisal And Managing Staff	Level 2
Surveillance Techniques	Level 2
Syringe Driver	Level 2

T

Telephone Skills And Handling Angry Callers	Level 2
The Care Act	Level 2
The Dangers Of Using VPN On Devices In Social Care	Level 2
The Mental Capacity Act 2005 Advanced	Level 3&4
The Mental Health Act	Level 2
Time Management	Level 2
Tissue Viability	Level 2
Tracheostomy Care	Level 2
Transgender Employees Creating An Inclusive Work Community	Level 2
Tuberculosis	Level 2

U

Understanding Behaviours In The Care Sector	Level 2
Understanding Risk In Adult Care And "Unwise" Decisions	Level 2
Understanding Toxic Shame	Level 2

V

Venepuncture	Level 2
Ventilation	Level 2
Verification Of Death	Level 2

W

Warner Interviews – Adult Care Settings	Level 2
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Whistleblowing
Wound Care

Level 2
Level 2

Y

Your Role Under The Online Safety Act 2023

Level 2

Other Sectors We Support



The Adult Well-Being
Training Hub



The Children's Services
Training Hub



The Foster Care
Training Hub



The Education
Training Hub



The Leaving Care
Training Hub



The Family Assessment Centre
Training Hub



The Early Years
Training Hub



The Young People
Training Hub



The Childminder
Training Hub



The Children's Home
Training Hub



The Adult Social Worker
Training Hub



The Children's Social Worker
Training Hub



Ready to Take the Next Step?



Browse over 230+ accredited courses: available online, virtual, or at venue.

Visit Adult Care Training Hub to discover training that empowers you to make a difference – browse, enrol, and start learning today.



We must keep trying to encourage people to believe that, with the right resources, they will flourish!

NEIL DEGG, CEO

WE'RE HERE TO HELP YOU FIND THE RIGHT LEARNING PATH FOR YOUR ROLE, YOUR ORGANISATION, AND PEOPLE YOU SUPPORT.



BBC **Forbes**



VOCATIONAL
TRAINING
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